
A COURSE IN LOGOTHEATRE

Facilitated by:	Mark Graham Wilson
Duration:	10.0 hours
Units:	Introduction, 8 Modules + Assessment
Workbook:	Yes
Type:	Online / In person
Certificate:	Yes

Goals and Objectives

A developmental course which explores the expansion of the Logotherapist's skills set by empowering them to deepen their clients' journeys towards discovering meaning and purpose through ever-evolving creative and stimulating methods, as well as developing and building on their vocal, other communicative, emotional, observational and interpretive abilities as therapists.

Summary

LOGOTHEATRE is a term coined during my Advanced Logotherapy studies. It refers to the synergies between the philosophies, principles and techniques of Logotherapy and Acting / Theatre and the potential for each to enhance the other's processes and outcomes.

Course

Introduction to Logotheatre

- Development, ongoing research and the synergies / parallels between Logotherapy and Theatre / Acting.
- History of THEATRE and ACTING and how they contribute to both universal and individual meaning and purpose.

Module 1:

- THE UNIQUE ENCOUNTER as core principal of both Logotherapy and Acting and, consequently, Logotheatre.
- The UNIQUE SELF (Physical, Psychological and Spiritual / Noetic) as instrument of artistic expression for Director / Mentor and Actor and instrument of living and healing for Logotherapist and Client.

Module 2:

- VISUALISATION and IMPROVISATION as core techniques of Logotherapy.

Module 3

- BREATH and BREATHING as Life Force and source of meaning and healing for both Therapist and Client.
- THE LOGOTHERAPIST'S VOICE as core therapeutic Instrument.

Module 4

- SOCRATIC DIALOGUE as guide towards Self-Discovery and Self-Transcendence in Acting and Logotherapy / Logotherapy.
- HYPER-REFLECTION, DERECTION and PARADOXICAL INTENTION; the parallels between Life / Therapy and Art / Acting and Theatre.

Module 5

An analysis of Athol Fugard's *Hello and Goodbye* focusing on:

- CONTEXT (central to the discovery of meaning and purpose).
- DISSECTING SUBTEXT (Noetic listening).
- CHARACTER MOTIVATION / DRIVES (Will to Meaning, Thwarted Will to Meaning).
- CHOICES (Conscience, the Tragic Triad, the Neurotic Triad).
- JUDGEMENT (of characters / of the client).

Module 6

Continuation of the above incorporating:

- an analysis of Hester based on her thwarted Will to Meaning and the potential for Attitude Modulation and invoking the defiant power of the human spirit.
- an analysis of Johnny based on his fears (Suffering, Guilt, Death), addictive behaviour, meaningful choices and scope of free will.

Module 7

- An example of creating a Logotherapy exercise for group therapy purposes.
- Course participants create a Logotherapy exercise of their own for a group Logotherapy situation for feedback.

Module 8

- A client of the Trainer's is taken through a Logotherapy session by the course participant who is required to discern the moments which call for the implementation of Logotherapy and practice their new skills and knowledge.
- Homework: the course participant records a session with one of their own clients incorporating Logotherapy and submits it to the Trainer.

Assessment

- Feedback on homework and course participation.
- Certification.

Content property of: Mark Graham Wilson, founder of logotheatre 2023

Course design: Mark Graham Wilson

Facilitator: Mark Graham Wilson

Communication: logotheatre.com